Breakfast

Until 4pm

Served on choice of Bagel, Roll, White, Rye or Whole Wheat Bread

- 2 Eggs $3.89
- 2 Eggs with Bacon or Ham $4.89
- 2 Eggs with Sausage $5.19
- 1 Egg $3.69
- 1 Egg with Bacon or Ham $4.19
- 1 Egg with Sausage $4.49
- 2 Egg Whites $4.39
- 2 Egg Whites with Ham, Bacon or Turkey $5.19
- 3 Egg Whites & Grilled Chicken $7.99
- THE HUNGRY MAN 3 Eggs, Ham, Bacon, Sausage & Cheese on a Hero $7.99

Omelettes

Until 4pm

$8.49

3 Eggs & Includes Buttered Toast / Bagel

Old Westbury
Peppers, Onions, Jalapeño, Ham, Salsa, Cheddar

Western Omelette
Peppers, Ham & Tomato

The Jogger
Egg Whites, Grilled Chicken, Spinach & Cheddar

Ham & Cheddar
Simply Good

The C.W. Post
Ham, Sausage, Bacon, Cheddar, Onions, Hot Sauce (Jalapeño Optional)

LEO $8.99
Lox, Eggs & Onions

The Sprinter
Egg Whites, Turkey, Broccoli, Onions & Low Fat Swiss

Breakfast Wraps

Until 4pm

$8.49

Plain, Whole Wheat, Spinach

3 Egg Whites, Spinach, Mushrooms & Broccoli

3 Egg Whites, Pepper Turkey, Ham, Peppers, Onions & Hot Sauce

3 Egg Whites, Grilled Chicken & Spinach

Breakfast Add-ons

Bacon 1.99 • Turkey Bacon 1.99 • Ham 1.99 • Turkey 1.99
Sausage 2.39 • Home Fries 2.99 • Hash Browns 1.50
Veggies 50 ¢ • Avocado $2 • Cheese 75 ¢

YOU SAY IT — Create your own, Sandwich, Wrap or Panini — WE'LL MAKE IT.

Coffee Bar

Regular · Decafe · Flavored

HOT 12 oz | 16 oz | 20 oz

ICED 16 oz | 24 oz | 32 oz

BOXES OF COFFEE AVAILABLE
Serves 8-10 cups *Includes Condiments*

WE SHIP *Bagels + the Works* Anywhere

CATERING *All Occasions*

Bagels

Hand-Rolled & Baked Fresh Daily

Bagels $1.30 ea. $13.99 dz. | Flagels $1.90 ea. $19.99 dz. | Minis 75 ¢ ea. $8.50 dz.

Always a Baker's Dozen

Plain • Sesame • Poppy • Onion • Garlic • Egg • Egg Onion
Everything • Egg Everything • Whole Wheat Everything • Whole Wheat
Cinnamon Raisin • Oat Bran • Pumpernickel • Salt • Bialys • Flagels & Minis

Gluten-Free Bagels + Bread Now Available

Cream Cheese

Butter	Plain CC	Lox Spread
$2.65 on a bagel	$2.99 on a bagel	$4.49 on a bagel

Vegetable • Scallion • Apple Walnut Raisin • Chocolate Chip
Sun Dried Tomato Jalapeño • Olive • Cinnamon Raisin • Lite Vegetable • Lite Scallion

$4.29 on a bagel

Appetizing

Served on a choice of Bagel, Roll, Bread, Hero (add $1.00) or by Weight.

Sliced Nova Scotia Lox	$10.49	Sable	$11.99
Belly Lox	$10.49	Sturgeon	$11.99
Baked Salmon	$10.49	Chopped Liver	$6.99
Baked Salmon Salad	$8.99	Chopped Herring	$6.99
White Fish Salad	$8.49	Herring Fillets	$3.50 ea.

Spreadable Salads

Served on a choice of Bagel, Roll, Bread, Hero (add $1.00) or by Weight.
(Includes a side of either Potato Salad, Macaroni Salad or Coleslaw)

Egg Salad	$6.49	Grilled Honey Mustard	$7.99
♥ Egg White-Spinach	$7.99	Chicken Salad	$7.99
♥ Grilled Vegetable Salad *(w/Balsamic)*	$6.99	Grilled Chicken Cutlet	$7.99
Classic Tuna	$7.99	Fried Chicken Cutlet	$7.99
Vegetable Tuna	$7.99	Oriental Chicken Salad *(Peanut Oil)*	$7.99
♥ Low Fat Tuna	$7.99	Asian Chicken Salad	$7.99
Chicken Salad	$7.99	Cranberry Chicken Salad	$7.99
♥ Low Fat Chicken Salad	$7.99	Buffalo Chicken Salad	$7.99
Taco Chicken Salad	$7.99	Shrimp Salad	$8.99
Cajun Chicken Salad	$7.99		

♥ HEART SMART CHOICE

Side Salads

Macaroni, Potato, Coleslaw, Bean Salad ..... $7.99 / lb
Cucumber, Israeli, 3 Bean Salad + Daily Pasta Salad Specials..... $8.99 / lb

Chicken Fingers

(6 PIECE) $6.99 with french fries $9.99

Soup

16 oz

(Includes your choice of a Buttered Roll or Buttered Bagel)

Check our specials area on our website for soups of the day

BeyondBagels.com

Salad Bar

sm. $8.99
lg. $9.99

CREATE IT YOUR WAY.

Organic Açaí Bowls

basic $9.99

Download the Salad Bar or Acai Bowl Form at www.BeyondBagels.com

FAX YOUR ORDER (516) 822-2121

Cold Beverages

Soda • Snapple • Lemonade • Bottled Water
Assorted Fresh & Healthy Juices and Green Drinks

Also Available

Yogurt Parfait w/ Granola • Fruit Cups • Jello
Rice Pudding w/ Whipped Cream Assorted Pudding Cups

ALL PRICES SUBJECT TO CHANGE. TAXES NOT INCLUDED IN PRICES. ADDITIONAL PRICING ONLINE. www.BeyondBagels.com
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